



Humboldt Senior Resource Center

IMPACT REPORT 2022-2023



McCrea Subaru in Eureka supports HSRC's Senior Nutrition program. In December 2022, McCrea staff "elves" helped distribute pick-up meals and holiday gift bags to program participants.

A Message from the CEO



Every year, we gather wonderful stories about the people involved in our programs, and include them in this Impact Report so that you can see how your contributions improve the lives of those who need your support the most. Our participants strive to reach their personal goals and better the quality of their lives, and you have been important supporters of those efforts. Many of you give more than just financial contributions—you generously give your encouragement.

And that's why this year we are including a combination of inspiring letters from supporters like you in addition to the heartwarming stories of local seniors and disabled adults in several of our programs. I hope you share these stories with those around you. We take great pride in the relationships we've built with you, and we hope that you take great pride in the impact you are making.

With warm regards,

Melissa Hooven
Chief Executive Officer

2022-2023 Board of Directors



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Global Ends Statement

Seniors and their caregivers will have a high-quality life with health, dignity and self-determination in a community of respect and tolerance.

Overcoming Pain and Loneliness in the Adult Day Health Program

My name is Crystal Sanders and I'm pleased to have gone to the Fortuna Adult Day Health (ADH) Day Center nearly every day for more than a year now. I'm 39 years old and have been working hard with the nurses and therapists to improve some chronic health problems, like the severe arthritis in my hands. This has been essential to limiting my pain and suffering.

For me, though, the most important thing about the ADH program is being able to make and spend time with friends.

I know from experience that loneliness, helplessness, and boredom cause a lot of suffering, especially for disabled people and seniors. That's why I try to participate in almost everything at the ADH Day Center.

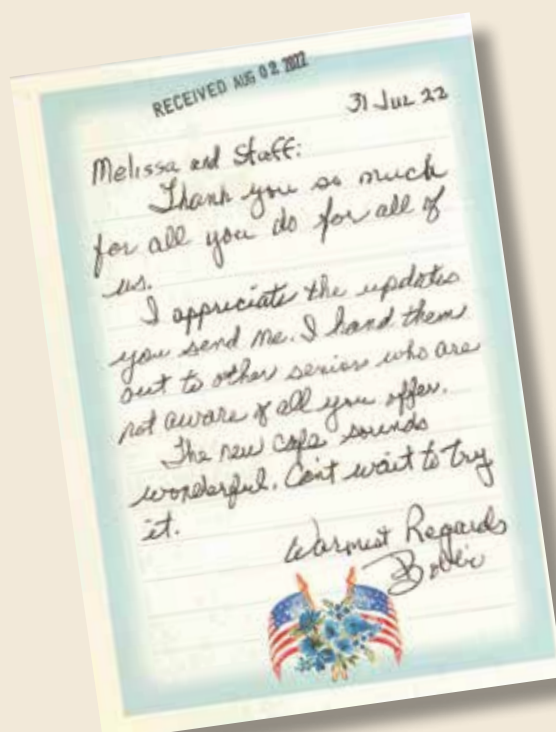
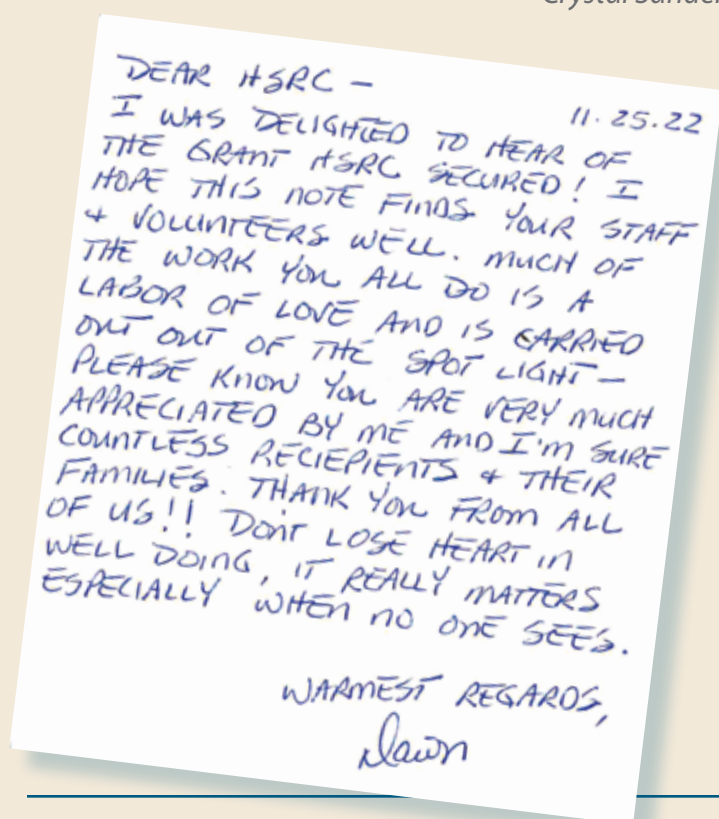
Some of my favorites are playing Trivia and Bingo, going out to lunch once a week, taking field trips, and of course snacks and lunch every day. I also love the outdoor space at the Day Center.

I really enjoy my time at the Fortuna Day Center, and I feel that HSRC's Adult Day Health program has made a big difference in the quality of my life. I can be my best self. I am now connected to other people with similar struggles and feel I can offer them a lot of support.

Crystal Sanders, Fortuna



Crystal Sanders (at right) and her friend, Terry Marney, from the Adult Day Health program, enjoy a field trip to Chapman's Gem and Mineral Shop & Museum.



What Feeding the Homebound Has Meant to Us

My wife, Kristine, and I began to support the Humboldt Senior Resource Center's Home Delivered Meals program (now Meals on Wheels Redwood Coast) about 16 years ago.

My mother-in-law, Elinor, enjoyed her independence, living alone in an apartment. Even though Kristine kept her mother stocked with food, Elinor reached a point where she could hardly remember if she had eaten that day or how to make a sandwich for herself.

Kristine signed her up for Meals on Wheels and said, "I am grateful for the meals program because I know Mom's getting at least one good meal a day."

Even better, the meals were delivered by a wonderful volunteer with whom Elinor became fast



Elinor Mobley, in a picture from World War II, when she was Corporal Owen of the U.S. Marine Corps.

friends. The combination of food and friendship helped Elinor stay

in her apartment for a long time.

After Elinor passed, Kristine gave faithfully to help local seniors continue to get meals. Those were some hard times financially for the program, and we were glad to help.

Kristine loved the program so much that she once said, "I'm glad we are finally finished with the car payment, so I can afford to give more for the meals."

I lost Kristine to cancer. It gives me some comfort to continue to contribute in her name. Recently, I began making a monthly payment to support the PETS program as well, so that seniors of slender means can afford to care for their beloved companions.

Ed Brenneman, Fortuna

Donations in Memory of

Marilou Alley
Susan Alto
Delphine Alves
Gloria Baker
Jennie Banducci
Helen Bartscht
Stany Beck
Dale Birdsall
Joann Bonner
Chet Branum
Kristine Brenneman
Richard Cahill
Opal Cantrell
Patricia Sharon Charley
Robert Cizak
Don & Laura Clausen
Florence Couch
Charles De Lorme
Professor Bob Dickerson
Eleanor Donovan

Lenny Escarda
Pete Fahey
Juanita Franklin
Thea Gast
Leila & Michael Gompertz
Rosa Mae Grensell
Flora Hamanaka
Kathy Hammer
The Hensell Family
Johnny Hollanbeck's Mom
Thomas Hosford
Edith Lindsey
Jim Lyons
Michael Malloy
Ingrid Mattson
Jim McAuley
Edna McDonald
Norma Imogen Milton
Chester & Mabel Mitchell
Mom

Mom & Dad
Jake Moseley
Mary Mountz
Don Murphy
Fred Nevers
Professor Els Pence
Isador Rael
Raymond Rucker
Les Scher
Elda Schneider
Helen & Marlan Stover
Paul Thistleton
Deanna Thomson
Mary Togni
Sara Jane Turner
Alan & Rick Tye
Mel & Sarah Wahlund
Linda Waschau Walker
Nancy Williams
Mary Beth Wolford

PETS Program Cares for Beloved Companions

You may know me as Sweet Mama Janisse. For 16 years, my husband, Chris, and I owned the Bless My Soul Café in Eureka. I did all the cooking, and he did all the shopping. The restaurant was a lot of work because we made everything from scratch.

Chris and I came to Humboldt from Southern California. Our daughter, Desiree – who travelled all over following the Grateful Dead – thought we would be happy in Arcata, and persuaded us to move here from Topanga Canyon, which we had loved until it grew too crowded.

After a few years, I fell in love with the beautiful lavender Victorian house in Eureka where we now live. It is a money trap, but we love it.

One day, after the COVID pandemic, my daughter told me, “You are working too hard. You don’t deserve this.” She talked me into locking the restaurant door and walking away. It’s been hard because I really miss my people, my wonderful customers.

Chris has been losing his memory. He’s a good guy, but I am trying to organize the stuff that is filling up



Marie and Chris Wilkins with their beloved pets, Gris Gris and Gracie.

our house, and I hardly dare take my eyes off him.

About a year ago, we began receiving Meals on Wheels Redwood Coast. We have two mini-labradoodles, named Gris Gris and Gracie, who are sisters. When the Humboldt Senior Resource Center started

its PETS (Paws, Ears, Tails and Smiles) program, we signed up and are now also receiving bags of dog food. With how expensive everything has become, the help from the PETS program really makes a difference!

Marie Wilkins, Eureka

“...the help from the PETS program really makes a difference!”

Donors of 20+ Years

Eureka Emblem Club #298	1994	Linda Miller	1996	Fred & Joan Tempas	1998
Debby B. Storre	1994	Dolores & Carl Torgersen	1996	Bill Greenwood &	
Louise & Leo Fredrickson	1995	Susan LeFever	1997	Marty Carlson	1998
Nancy & Don Quintrell	1995	Kramer Investment Corp.	1997	Tim & Jeannette Defazio	1999
Emily Rowe	1995	Willard Foote & Janet Werren	1997	Diana & Sid Noyes	1999
Eureka Woman's Club	1995	Ralph Nelson	1997	Peggy & Leo Brouillard	1999
Ron Barkley	1995	Lorraine Miller-Wolf	1997	Barnum Timber Company	1999
Stephanie McCaleb	1995	Noreen & Daniel McKenzie	1998	Sharon Redd	1999
Craig Hansen Ins. Co.	1995	Pat Shaw	1998	Dale Reinholtsen	2000
Susan Holt	1995	Theresa Malloy	1998	Judy Anderson	2000
Peggy & George Schmidbauer	1995	Stephen Kamelgarn &		Sally & Herb Pierce	2000
Chris & David Martinek	1996	Debra MacQueen	1998	Jeff & Sharon Lamoree	2000
Roz Keller	1996	Lynn McKenna	1998	Rick Etcheverry	2000
Byrd Lochtie	1996	Jim & Corinne Stanfield	1998	Tom Clark	2000
				Peg & Howard Gardner	2001

Walking Again with the Help of Redwood Coast PACE

My name is Juan Vasquez. I live in Fortuna with my wife and family. I used to work in the mill. When I joined Redwood Coast PACE in January 2019, I had been diagnosed with Parkinson's Disease and I was in a wheelchair. I also had trouble speaking, and my family had a difficult time understanding what I was trying to say.

During COVID, I really struggled to keep fit. PACE was about to order me a Hoyer lift to help me and my caregivers when I needed to get in or out of the wheelchair or bed. But I was determined to improve. I was willing to work hard. And I was determined to keep a smile on my face.

I'm happy to report great progress during the past several months. The PACE rehab team – Aaron, Brittany and Cortlyn – has been helping me walk more and get out of my wheelchair. I use the PACE gym five times a week. I also work with Susan, the speech therapist, every week. I am pushing myself to become strong enough to dance!

I'm tickled that the staff has decided to cancel the order for the Hoyer lift! Sometimes, when I realize how much progress I've made, I tear up.

Juan Vasquez, Fortuna



Juan Vasquez attends the Redwood Coast PACE Day Center in Fortuna. His goal is to walk 400 steps every day. Next, Juan's starting to tackle stairs!

Support from Clubs & Organizations

Council of Humboldt & Del Norte Co.
Eureka Emblem Club #298
Eureka Women's Golf Association
Humboldt Bay Fire

Humboldt Lodge #79
Latin American Club
Meals On Wheels America
Parents in Training

PEO Chapter WA
See's Community Fund
Widows Sons of California

Donations Made in Honor

All Beings
Kaela & Andrew Barton
Mike Dakis
Bob Ford
Doris Fridley
Hildegard Gregorio
Rachael Hatchimonji
Robert Keiber
Cynthia Lefever
J.R. Lefever
MaryLynn Mahler
Daniel & Ava McKenzie
Martin Modine

Miranda & Alex Moore
My dog, Moses
Gail & Dennis Obetz
Terence Oehlberg
Sharon & Steve O'Meara
Shelly & Steve Romak
The Roses
Professor Ted Ruprecht
Ira Smith
Dolores Terry
Alida Thistleton
Mary Walsh

Business Donors

Barnum Timber Company
CDH Painting
Earth Care Landscaping
Four Star Realty
Gene Eklund
Humboldt Association of Realtors
Humboldt Redwood Company
J.L.F. Constuction, Inc.
Kramer Investment Corp.
Matsen Insurance
McCrea Subaru
Redwood Capital Bank
Subaru of America, Inc.
Tsunami Wireless

Don't Forget to Send My Check!

My name is Linda Miller, and I am pleased to help feed homebound seniors by giving every month to Meals on Wheels Redwood Coast. In fact, I've been donating to the cause since 1998—that's 25 years!

I always think about the staff and volunteers who spread friendliness with the meals, and I enjoy sending cards with encouraging messages to remind them how important their work is.

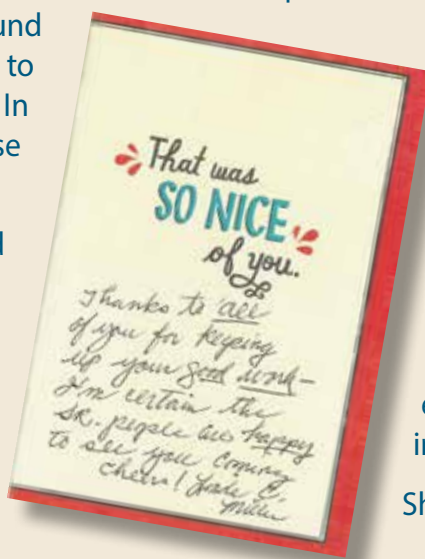
I live in McKinleyville, and I'm a retired art teacher. My special

passion is for building bird houses. At the moment, they are filling my house and my yard!

Recently, I took a bad fall and had to be transported by ambulance to a care home in Crescent City. There was no place available close by. I asked my cousin to take care of everything while I was gone, and as they loaded me onto the gurney for the journey, I called to her, "And don't forget to send my check every month to the Senior Center! That's important!"

She's a good girl. She took care of it.

Linda Miller, McKinleyville



Appreciation for the Senior Home Repair Program

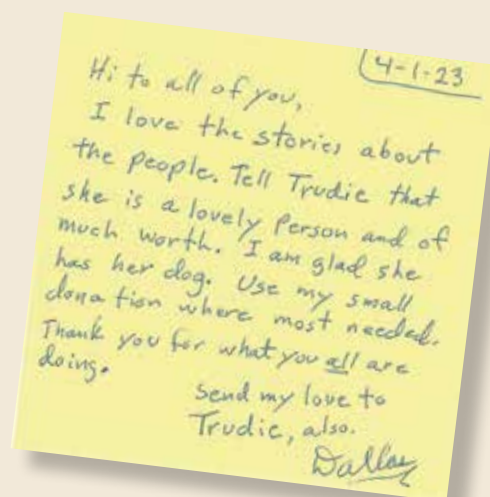
Dear Ms. Hooven,

May I take this moment to commend you on the new "safety repairs and minor home modifications" program that your organization recently undertook. Experience has shown me that even small things such as replacing a light bulb can brighten someone's day in untold ways.

The work that the Humboldt Senior Resource Center accomplishes is beyond worthwhile. May the future hold continued success for you, your colleagues, and your staff.

very truly yours,

Susan LeFever, Bayside CA



Contact Us



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Find us on



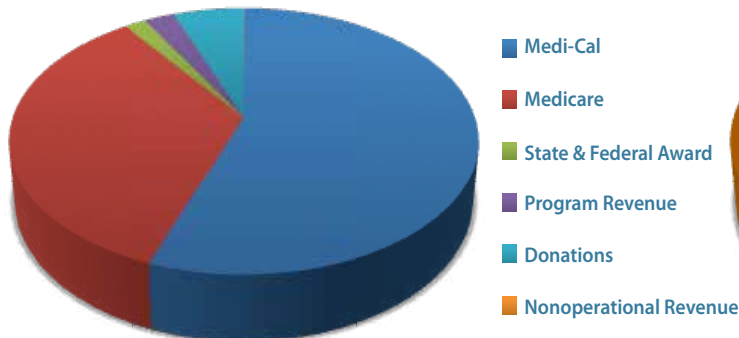
www.humsenior.org

You

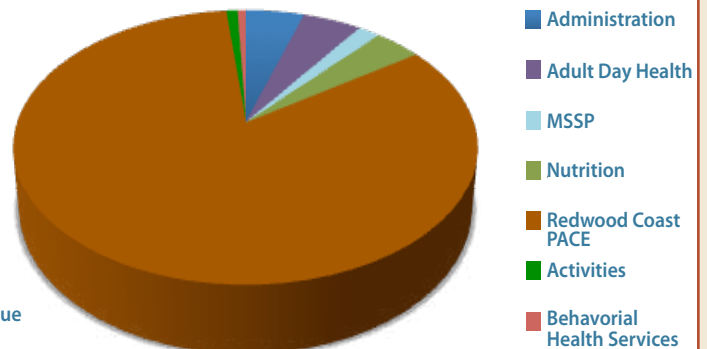
youtube.com/@HSRC

Statement of Financial Position 2022-2023

REVENUE



EXPENSES



FINANCES

ASSETS

	Unaudited 6/30/2023	Audited 6/30/2022
Cash and Equivalents	\$10,451,259	\$7,285,548
Accounts Receivable	\$2,384,447	\$2,444,678
Prepaid Expenses	\$107,662	\$55,443
Inventory	\$30,885	\$28,242
Property and Equipment	\$6,423,576	\$6,957,064
Other Assets	\$1,334,100	\$1,164,486
Total Assets	\$20,731,929	\$17,575,461

LIABILITIES

Short-Term Liabilities	\$5,156,574	\$4,545,015
Long-Term Liabilities	\$937,669	\$1,126,215
Total Liabilities	\$6,094,242	\$5,671,230

FUND BALANCE

	\$14,637,687	\$11,904,231
TOTAL LIABILITIES & FUND BALANCE	\$20,731,929	\$17,575,461

To view HSRC's full financial info, see our IRS 990 statement at www.humsenior.org/about/financial-info.



Humboldt Senior
Resource Center

Adult Day Health & Alzheimer's Services

Activities Program

Behavioral Health Services

Nutrition Programs

Multipurpose Senior Services Program

Redwood Coast PACE

Redwood Coast Village

Senior News