

Lessons in Dementia

An educational series from the Humboldt Senior Resource Center's
Adult Day Health & Alzheimer's Services program

Clarifying Goals of Care for Someone with Dementia
Presented by Dr. Ann Lindsay, President, Life Plan Humboldt
Monday, October 16, 2023 from 2:00 - 3:00 pm
A free Zoom event

Description

In this workshop, Dr. Ann Lindsay will discuss why diagnosis of dementia should be considered the primary problem under which care for all other problems is organized. Frail older adults face greater risks from surgery. Major and minor surgeries can trigger a significant reduction in functional status for older people who are frail, especially with cognitive impairment. Families and patients need to be aware of the risks when considering surgery .

About the Speaker

Ann Lindsay, MD is President of the Life Plan Humboldt board of directors, a group focused on establishing a non-profit senior life plan community in Humboldt County. The Life Plan Humboldt is particularly interested in providing innovative care for people with dementia.

Dr. Ann Lindsay was Humboldt County Public Health Officer from 1993 to 2011. She and her husband, Alan Glaseroff, MD, shared a family practice in Arcata for 28 years and raised their two children here. They were recruited to Stanford University in 2011 to establish a primary care clinic for Stanford employees their dependents and their families who have multiple chronic health conditions. While at Stanford she published several articles on care of people with dementia. The lure of life in Humboldt brought them back north in 2017. Ann is working on Life Plan Humboldt so she will not have to leave Humboldt County again!



To register:

[Zoom Registration Link](#)

Call 707-443-9747 ext. 2217

Email adhs@humsenior.org



Humboldt Senior
Resource Center

Adult Day Health & Alzheimer's Services