

Lessons in Dementia

An educational series from the Humboldt Senior Resource Center's
Adult Day Health & Alzheimer's Services program

Grief and Loss: Companions to Aging

Presented by Dr. Michael Fratkin, FAAHPM, Founder of Resolution Care
Monday, April 17, 2023 from 2:00 - 3:00 pm
A free Zoom event

Description

This facilitated discussion with Dr. Michael Fratkin will explore and surface issues and questions that we all face while aging. As caregivers who accompany people actively grappling with illness and dementia, grief and loss is always with us. Join us for a dynamic conversation sure to provoke fresh thinking and grounded hope.

About the speaker

Dr. Michael Fratkin has been a part of this community for nearly 30 years and he's aging with the rest of us! An experienced Palliative Medicine Specialist, he has learned from every person he ever cared for, and every nurse, social worker, provider and chaplain he has had the good fortune to work beside.

He will invite a dialogue about the challenges and opportunities that exist in caring for ourselves while we care for our aging beloveds. We will touch on the importance of grief to form us and the futility of ignoring it.



To register:

[Zoom Registration Link](#)

Call 707-443-9747 ext. 2217

Email adhs@humsenior.org



Humboldt Senior
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Adult Day Health & Alzheimer's Services