

Other Activity Programs & Services

Senior Services Office

Dial-A-Ride:

The Humboldt Transit Authority operates a door-to-door transportation service for individuals who can not use public transit. For questions about Dial-A-Ride services, eligibility, fares, or to purchase tickets, contact the Senior Services Office at 707-443-9747 ext. 1240.

Senior Home Repair:

HSRC has teamed up with the City of Eureka to offer small home repair & safety installation services. Low- to moderate-income individuals 60+ years of age who live in Eureka City limits may be eligible for this service.

My Safety Call:

A program that checks in daily on you or your loved one. Enroll at the Senior Services Office or call us at 707-443-9747.

Commodities Distribution:

HSRC & Food For People operate a food pantry on the 3rd Wednesday of each month from 10:00-11:30.

Congregate Meals:

Join us for meals Monday – Wednesday 11:30-1:00. A suggested contribution for those 60 and over is \$3.50. Contributions are confidential and no one 60 or over will be turned away if they are unable to contribute. If you are under 60, you may still enjoy a meal for \$8.00.

Our Vision

The Humboldt Senior Resource Center is committed to providing services, information, education and recreation for seniors and their caregivers in Humboldt County. HSRC evolved in response to a growing senior population with expanding and changing needs.

We envision a caring and healthy community which encourages intergenerational relationships, recognizes the wisdom and experience of its elders and demonstrates awareness and respect for the aging process.

Contact Us:

Senior Services Office:

707-443-9747 ext. 1240

For Dial-A-Ride & Sr. Home Repair
ActVol@hum senior.org

Launa Salsbery

Nutrition & Activities Supervisor
707-443-9747 ext. 1241
lsalsbery@hum senior.org

Tasha Romo

Director of Nutrition & Activities
707-443-9747 ext. 1228
tromo@hum senior.org

MARCH ACTIVITIES

Humboldt Senior

Resource Center

1910 California St.

Eureka CA 95501

707-443-9747

www.hum senior.org



Daily Activities

Monday

Library & Computer Lab	9:00-1:00 pm
Lunch	11:30-1:00 pm
Ping Pong	3:00-4:00 pm

Tuesday

Library & Computer Lab closed	9:00-1:00 pm
Lunch	11:30-1:00 pm
Bingo	1:30-2:30 pm
Ping Pong	3:00-4:00 pm

Wednesday

Library & Computer Lab	9:00-1:00 pm
Lunch	11:30-1:00 pm
Cribbage	1:00 pm-3:30pm
Intermediate Line Dancing with Sue	2:15-4:00 pm

Thursday

Library & Computer Lab closed	9:00-1:00 pm
Drive thru Distribution	11:30-12:15 pm

Friday

Chi Gong & Sun Style Tai Chi	10:00-11:00 am
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*Happy
St. Patrick's Day*



March 2023 Special Events

Mar. 28th Stamp Club 6:00-9:00pm

The Library & Computer Lab will be closed on Tuesdays and Thursdays.

February 7th - April 13th for tax appointments.



Join us in the dining room, March 15th for a special St. Patrick's Day lunch featuring cabbage and corned beef.



Vita Tips

The Volunteer Income Tax Assistance (VITA) program offers free basic tax help to individuals who generally make \$66,000 or less annual income that doesn't include rental property or digital currency. Beginning February 7th, Larry Noe will once again lead a well-trained team of volunteer tax preparers to offer the wonderful service at Humboldt Senior Resource Center in Eureka. Appointments available Tuesdays and Thursdays through April 13th. Tax preparation services are by appointment only and appointments fill up quickly.

Come join us for lunch.

Mon	Tues	Wed
		1st Beef Stroganoff
6th Chicken Noodle Casserole	7th Baked Fish Dijonnaise	8th BBQ Pork Rib
13th Meat Loaf W/ Gravy	14th Split Pea W/ Ham	15th Corned Beef & Cabbage
20th Creamy Chicken & Veggies	21st Hot Roast Beef Sandwich	22nd Cheese Tortellini
27th Chicken W/ Fire Roasted Tomato	28th Mac & Cheese	29th Chile Verde Tacos