



Humboldt Senior Resource Center

Nutrition & Activities Program

My Safety Call – A Program of the Humboldt Senior Resource Center

The *My Safety Call* program will make daily automated phone calls to check on at-risk individuals to see if they are okay. If the initial call receives no response, two additional tries happen; if there is still no answer, an alert will be issued and an HSRC or City Ambulance staff member will follow up to contact you, your emergency contact(s), and lastly local fire personnel if needed.

To sign up for this program please:

1. Fill out the application/intake form,
2. Sign and date the program waiver form,
3. Return both forms along with a small one-time fee of \$12 (with check make out to HSRC) to:

**My Safety Call
Humboldt Senior Resource Center
1910 California Street
Eureka, CA 95501**

4. Provide a key to your house for local fire personnel.
 - a. A key must be provided that will be used in case local fire personnel need access to your house. This key will be stored in a locked key box installed on your house.

HSRC is the owner of the locked key box. If you disenroll from the program, it will be removed from your house.

On the application/intake form, HSRC encourages you to use the time that you normally get up as your desired time for the daily call. This allows the call to be part of your wake-up routine and helps prevent false alerts.