

Daily Activities

Monday

All HSRC programs will be Closed November 26th

Library & Computer Lab 9:00-1:00 pm
 Lunch (except Dec. 26th) 11:30-1:00 pm
 Ping Pong (except Dec. 26th) 3:00-4:00 pm

Tuesday

Library & Computer Lab 9:00-1:00 pm
 Lunch 11:30-1:00 pm
 Bingo 1:30-2:30 pm

Wednesday

Library & Computer Lab 9:00-1:00 pm
 Lunch 11:30-1:00 pm
 Intermediate Line Dancing with Sue 2:15-4:00 pm

Thursday

Library & Computer Lab 9:00-1:00 pm
 Drive thru Distribution 11:30-12:15 pm
 Chair Yoga 2:00-3:00pm
 Please bring a yoga mat if you have one.

Friday

All HSRC programs will be Closed November 23rd

Chi Gong & Sun Style Tai Chi for arthritis
 (except Dec. 26th) 10:00-11:00am

Happy Holidays

December 2022 Special Events

Dec. 5th Cookies & Children's Choir 1:00-1:30pm
 Dec. 21st Holiday Meal 11:30-1:00pm
 Dec. 27th Stamp Club 6:00-9:00pm

**All HSRC programs will be
 Closed December 23rd & 26th**

Come join us for lunch

Mon	Tues	Wed
5 th Creamy Chicken & Veggies	6 th Stuffed Baked Potato	7 th Chef Salad
12 th Shepard's Pie	13 th Chicken Cacciatore	14 th Apple Pancakes
19 th Meat Loaf	20 th Stuffed Cabbage	21 st Baked Ham
26 th Site Closed	27 th Vegetarian Egg Bake	28 th Shrimp Linguini

Happy New Year

Cribbage

We are looking to start a cribbage group. The group has a leader who is willing to teach beginners how to play. For more information call Launa Salsbery at 443-9747 ext. 1241

