



HSRC's Arcata Site Activities Calendar of Events for September 2022

Daily listing of events

MONDAYS:

The Arcata Heritage Café and senior activities are closed every Monday.

TUESDAYS:

Every	Frozen Meal Weekly Distribution	11:30 a.m.-12:15 p.m.
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WEDNESDAYS:

Every	Tai Chi Continuing Practice	10:00 a.m. – 11:00 a.m.
Every	Tai Chi for Beginners	11:15 a.m. – 12:15 p.m.
Every	Ping Pong	1:00 p.m. – 2:00 p.m.
Every	Lunch	11:30 a.m.-1:00 p.m.

THURSDAYS:

Every	Lunch	11:30 a.m.-1:00 p.m.
Every	Ping Pong	1:00 p.m. – 2:00 p.m.
Sept 15 th	Commodities Distribution	10:30-11:00 a.m.

FRIDAYS:

Every	Lunch	11:30 a.m.-1:00 p.m.
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These activities are located at the Arcata Community Center at 321 Dr. Martin Luther King Jr Parkway

For more information, call 707-825-2027.