



Humboldt Senior
Resource Center

Gratitude Report 2020-2021



Ben Bridges
thanks you for all the
Home Delivered Meals,
visits and safety checks
that allow him
to live independently
at home.

HSRC is Grateful for Community Support

Thank You for “Sharing the Love!”

Our heartfelt thanks to everyone who bought or leased a new Subaru from McCrea Subaru and selected HSRC as their charity during the Winter 2020-2021 Share the Love campaign, resulting in a \$500 donation to the Home Delivered Meals program for each vehicle sold. Each contribution put 50 nutritious meals on the tables of local seniors who cannot cook or shop for themselves.

A total of \$26,589 was raised, equivalent to 5,318 Home Delivered Meals. HSRC thanks Jason Ghera and McCrea Subaru for designating HSRC as their hometown charity for the 7th year in a row!

Rotary Club of Southwest Eureka



The Rotary Club of Southwest Eureka donated \$10,000 to the Home Delivered Meals Program to support HSRC’s Senior Nutrition Program.

HSRC is very grateful to the local organizations that raised money for the Home Delivered Meals program this past year, including:

- Emblem Club • Eureka Woman’s Club
- Rotary Club of Southwest Eureka • See’s Community Fund
- Soroptimist International of Eureka • Widows Sons

Eureka Woman’s Club



The Eureka Woman’s Club May 2021 ‘First Friday Food’ event raised funds to support HSRC’s Senior Nutrition Program. The Cinco de Mayo-themed meal generated nearly \$1,000 for the program.

Soroptimist International of Eureka

Members of Soroptimist International of Eureka have graciously been calling nearly 50 Home Delivered Meals participants on a regular basis throughout the pandemic.

They have formed relationships, offered companionship, and provided thousands of informal wellness checks.

Their time and dedication to the isolated, homebound seniors has provided a reprieve from the loneliness felt during this difficult time.

Mom was Getting Forgetful

by Patti De La O

Five years ago, my dad died. He left behind my mom, his wife of 59 years. Shortly after he died, I noticed that my mom was getting forgetful. Her short-term memory was getting worse and worse. Since she lived in Sacramento, and had no family nearby, this became a real source of worry for me.

A trip to the doctor and several tests showed that she had vascular dementia and brain loss consistent with Alzheimer’s. I knew I needed advice and help.

I searched around the Sacramento area looking for some resources, but surprisingly, there were few. During a search on the internet for information about Alzheimer’s and dementia, I discovered the Humboldt Senior Resource Center’s **Alzheimer’s Services**.

They were an amazing source of information and support. They are committed to providing services, information, education and recreation for seniors, their families, and caregivers. And they do.

“ . . . they were honest and respectful, which helped me to see beyond my emotions and make good decisions.”

I attended several classes for caregivers, as well as received one-on-one counseling and advice. They helped me determine when it was no longer safe for my mother to live alone and helped me figure out what the next steps might be.



When Patti searched for help for her mother, Amanda Yerks, who was diagnosed with dementia, she discovered HSRC’s Alzheimer’s Services.

They were kind and respectful and never pushed me to do something I didn’t want to do. However, they were honest and respectful, which helped me to see beyond my emotions and make good decisions.

When it came time to move my mom from her home and up to Humboldt County, they gave me the strength and confidence to accomplish the job.

While it was a very difficult and emotional process, they really helped me get through it all. Mom is now living at an assisted living facility in Fortuna. With a lot of love and support she has adjusted, and she is safe.

This impactful Alzheimer’s Services program has changed my life and my mom’s life with the least amount of trauma for her. This is why I serve on the HSRC board. This is what I’m passionate about.

Patti De La O serves on the HSRC Board of Directors.

In Memory

- Mitsuko Akinaga

Susan Alto

Andy Araneo

Beverly J. Auerhan

Helen Bartscht

Georgia Bednar

Tony Beltramo

Leon Berliner

Mel Berning

Gary Blackman

Marcei Bohannan

Russ Britt

Joe Camacho

Kathleen Capps

Edwin & Iola Carlson

Keith Carlson

Janet Cavallin

Edith Chase

Vicky Chaves

Ben Chin

Bill Christensen

Ralph Christiansen

Betty Davis

Mary (Bettye) De Hennis

Margaret Dewald

Roy Dye

Polly Eastin

Becky Enberg

Rosemarie Falor-Luis
- Juanita Franklin

Lindell Gleave

Rosa Mae Gransell

Grace Greenwood

Tene Gremling

Gisela & Herbert Haringer

Betty Hartnack

P.R. & Agnes Hedrick

W.R. Hoopes

Helen & Bob Hoopes

Burton Hoyle

Father Jesus

Milo Johnson

Gladys D. Jones

Dave Karlich

Dean Kelly

Jacque Kessenger

Rich Kissling

Loretta Ladika

Wayne Lambert

Norm Larsen

Pam Lindstrom

Michael Malloy

Margurite Martin

Bill & Jeanne McCord

Dennis McCulley

Ina Melton

Edith Merryman

Imogene Milton
- Elinor Mobley

Judge John Morrison

Silas Morrison

My Parents

Robert Pehrson

Craig Perrone

Thomas Price

Sue Quast

Isador Rael Rainy

Robert Renner

Pat & Bob Rhinehart

Olaf W. Roberg

Julia Roman

Betty Runner

Les Scher

Richard Schirmann

Elda Schneider

Frank Scholari

Mary Scott

Ira Smith

Ernest Sousa

Donald Stoval

Arthur Stover

Dorothy Stringer

Juanita Sweet-Renner

Paul Thistleton

Rev. Doug Thompson

Helen Thomsen

In Honor

- Mike Becker

Julianne Bettini

Roger Bright

Millie Brucker

Mike Dakis

Marti Dawkins

Dave & Mindy Duncan

Family & Friends

Family Members

Dorothy Flocchini

Doris Fridley

Thea Gast

Grandchildren

Hildegard Gregorio

Dan Haskins

Marsha Hays

Celia Hernandez

Frank Jager

Dick & Andrea Johnson
- Josephine Jones

Nancy Jones

Jim Kaliamos

Irmgard LaForge

Kirsten Leeper

Gertrude Minert

Elinor Mobley

Stephanie Perret

Abby Peterson

Jim & Mary Jo Renner

Patty Roberts

Steve & Shelly Romak & Duncan

Julia Scully

Wes Shamblin

Ira Smith

Ann Ure

Barbara Walser

Jack & Mary Walsh

Margaret Werren’s Legacy

by Janet Werren

My mom, Margaret Werren, loved meeting her friends at HSRC. For years she walked the mile and a half from home to enjoy her lunch dates with her friends. Sometimes she shared three lunches with her buddies. Holiday luncheons were her favorites, as were the bus outings to “sister” senior centers and to local attractions.

Being a life-long community volunteer, Mom found ways to help at HSRC. She and her granddaughter, Bryn, packed sack lunches for kids through a cooperative program with Food for People.

Mom volunteered on HSRC’s Eureka Site Council for several years, mingling with lunch-goers and then letting staff know what diners liked and what could be improved. She made a point to sit with and welcome new visitors to the dining room.

As years passed, Mom shortened her walks to the dining site, accepting a ride partway, and finally accepting a ride all the way. Her enjoyment of a good lunch with friends never faded.



The newly remodeled HSRC Eureka dining room.

In her mid-90s, Mom benefited from Home Delivered Meals and soon had close relationships with the meal delivery



Margaret Werren had a long history with the Nutrition Program. After she passed, her family decided to make a gift in her memory—a contribution to the renovation of the Senior Dining Center in Eureka, where she had so much fun.

people. She was the ‘face’ of Home Delivered Meals appearing in many photos for HSRC’s outreach.

After Mom passed, I wanted to remember her in a meaningful and lasting manner. Humboldt Senior Resource Center immediately came to mind. HSRC meant so much to Mom. She would have been very proud to contribute to remodeling the HSRC dining room, where she enjoyed so many years of fellowship.

These funders made the Eureka HSRC Dining Room renovation possible:

- Margaret Werren Family
- Christine & Jalmer Berg Foundation
- Richard & Emily Levin Foundation
- Touchpoint Foundation

Redwood Coast PACE Helps Seniors Be Independent

Brad Saxenhaus has had a rough life. He was born in the Bronx, New York, in 1953, and raised in an abusive family. He used alcohol and drugs and lived on the streets. He travelled all over the country searching for something he couldn’t find.

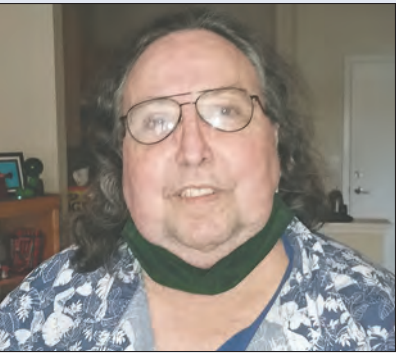
Then he came to Humboldt, got involved with the program at Arcata House Partnership, and has been clean and sober since April 2004. “God has a plan for me. He keeps opening doors to a better place.”

One of these better places has been Redwood Coast PACE, a Program of All-inclusive Care for the Elderly. After a cardiac specialist told him about this comprehensive medical program, Brad enrolled. He said, “PACE takes care of all parts of your health. They surround you with every way you need to be treated. Medical care, caregivers,

rides to appointments, food if you need it. They should have this kind of program for everyone.”

Brad has been a PACE participant for three years. He serves on the Participant Advisory Committee, and he helped his neighbor join the program.

Brad says that people who



Brad Saxenhaus serves as an advocate for other Redwood Coast PACE participants.

knew him when he was homeless say he is a different person now. “I am so blessed by God to have everything I have now. A place to live, enough to eat, good medical care, and good friends.”

Humboldt Senior Resource Center Programs

- Activities Program
- Adult Day Health & Alzheimer’s Services
- Multipurpose Senior Services Program
- Nutrition Programs
- Redwood Coast PACE
- Senior News

Ten Years or More of Generosity

The longest contributing donors to Humboldt Senior Resource Center have been supporting local seniors’ health and independence for 27 years. All listed here have donated for at least 10 years.

Individuals

Ben & Diane Adan	Lynne Dougherty	Yvette Logan	Anita Rest
Manuel Alves	Dorain & Fred Drake	Bob MacDonald	Carol Rische & Sue MacConnie
Judy Anderson	Laura & David Dun	Chris & David Martinek	Francene & Jim Rizza
Leah Anderson	Sally & Chuck Dwelley	Jim Matthias	Arlene Roberg
Carl & Mary Anderson	Kay Escarda	Ed & Linda Mattson	Carlos & Clara Rocha
Cam & Lisa Appleton	Samantha Everett & Ronald Zemel	Perry Mayrisch & Martha Traphagen	Michael Roman
Emily Arents	John Eyeler	Jackie & John McBeth	Sheila Ross
Jean & Don Avant	Carole Farlan	William McClendon	Robert Saemmer
Sandra Babich	Francis & Frances Ferguson	Noreen & Daniel McKenzie	Gerald Sattinger
Wynne & Gary Bacon	Mary & Manuel Ferreira	Cindy Meadows	Erich Franz Schimps
Barbara Barratt	Alice Flocchini	Pam Mendelsohn	Peggy & George Schmidbauer
Bobbi Bartscht	Pam Ford Cavanagh	Linda Miller	Bob & Marilyn Schultz
Stella Benzonelli	Louise & Leo Fredrickson	Lorraine D. Miller	Earlene Shamblin
Elsie Berti	Thea Gast	Carolyn Miller	Steven Smith & Pamela Thurrott Smith
Don & Donna Berti	Bill Greenwood & Marty Carlson	John & Chansouk Mitchell	Clay & Louise Sollers
Sylvia Betts	Tim Hafner	Shirley Moore	Roberta Stevens
Allene & Don Biasca	Melody Hamilton	Mark Moore	Dale & Cindy Stockly
Susan & Tim Boese	Susan Hansen	Jack Moore	Debby Storre
Carol & Jere Bowden	Mark & Claudia Hapgood	George Morris	Mike Strande
Kristine Brenneman	Corenne & Dan Hartzell	Sue & Archie Mossman	Gerald & Lois Strandin
Maria & Loran Briggs	John Hasen	Tom & Elissa Mulholland	Alice & Ronald Swanson
Peggy & Leo Brouillard	Catherine Hoffman	Janyce Neiman	Donna Taylor
Frances Brown	Carolyn Hunt	Ralph Nelson	Fred & Joan Tempas
Barbara Cairns	Janeth & Howard Hunt	Jeanne Marie Nicolds	Nellie Thompson
Rita Carole	Dallas & Glenda Huston	Lewis & Judith Norton	Dolores & Carl Torgersen
Elmone Chaix-Kissling	Jerry & Jo Sonja Jansen	Bruce O’Gara	Marlene Toroni
Dan Chandler	Greg Jaso	Julie Ohnemus	Kirsten Trump
Robert Chaves	Ron Johnson	Bruce Osborne & Rachel Carlson	Sara Turner
Daryl & Phyllis Chinn	Art Jones	Thelma Pavlich	Harry Turner
Tom Clark	Stephen Kamelgarn & Debra MacQueen	Vincent Peloso & Debbi Krukonis	Robert Ure
Elsa Cline	Michele & Doug Kamprath	Marianne Pennekamp	Donald & Trudi Walker
Don Cloney	Roz Keller	Hank & Cathy Pierson	Barbara & Bill Walser
Joanne & Kirk Conzelmann	Nancy Kelly	Virginia Plambeck	Elizabeth Webster
Mary Dawn Cunningham	Joe Leeper	Cynthia Quinsey	Richard Will
Patti & Marcus De La O	Susan Lefever	Nancy & Don Quintrell	Lura Winzler
Ed & Mary Dewald	Ann Lindsay & Alan Glaseroff	Dennis Rael & Carol Falkenthal	Robin & Len Wolff
Marilyn Dillard	Sarah L. Lipscomb	Dale Reinholtsen	Elizabeth Woods
Sue & John Dimmick	Rosemarie Lockett	Bea Renner	Tom Wrigley

Organizations

Barnum Timber Company	Humboldt Bay Fire	Kramer Investment Corp.
Celtic Charter Service	Humboldt Del Norte Cattlemen’s Assn.	Latin American Club
Central Labor Council of Humboldt & Del Norte Co.	Humboldt Redwood Company	Rotary Club of Old Town Eureka
Craig Hansen Insurance Co.	J.L.F. Constuction, Inc.	See’s Community Fund
Harland Law Firm	James D. Poovey, Inc.	

From the Board President

by Susan Hansen

HSRC is currently in the midst of an extensive needs survey of seniors, their families, and their caregivers in our community. The information we obtain will guide our leadership in shaping the future of the agency’s services and programs.

HSRC’s short-term focus is maintaining our programs and services as we continue to return to a more normal post-COVID operation. Since it’s premature for me to talk about longer-range plans, let me instead look to the past – namely, the long-standing generosity of our local community in supporting seniors. COVID clearly created significant challenges for organizations tasked with service to one of the highest-risk populations.

Throughout this report, you will see instances of individuals and

organizations who provided so much help and support to HSRC as we reconfigured services to adapt to COVID. Thanks to donors like you, supplemented by government support, we were able to meet the 41% rise in demand for meals last year. But lending a helping hand seems to be a Humboldt County tradition – you will note that the list of individuals who have been donating for at least ten years exceeds 168 supporters. To echo Melissa Hooven’s message, I have a truly sincere attitude of gratitude to those who help us help seniors.

I realize that we are so very fortunate to live in a truly caring community – a community that shares time, energy, and money to serve those in need. Thank you!

Susan Hansen

From the CEO

by Melissa Hooven

Looking back over the past year, one word comes to mind – gratitude. The foundation for this report. We are so grateful for the support of our community through such an extremely turbulent time. Weathering the storm of the pandemic was a challenge, but we were able to do so because of the support of the community, who genuinely believe in what we do. The support of each other during challenging times is what brings us together. The past year has brought forward no greater truth. I am incredibly proud of our accomplishments as an organization and the supportive services that we can provide to those who need it most. It is at the core of what we do and what our mission is based on.

While we experienced many challenges over the past year, we experienced a great number of successes. In addition to keeping

all of our programs open and serving program participants, we were able to retain the majority of our employees and even add new positions. We are tremendously proud of our newest program, Behavioral Health Services, which will be available to all adults in our community, age 55 and older.

One thing we learned from the pandemic is that we are resilient. The challenges we faced inspired us to do more for our community, to embrace the challenges and turn them into opportunities.

Looking ahead, we cannot help but feel a sense of excitement and optimism. We look forward to a sense of normalcy, of the return to in-person meetings and dining centers filled with excited chatter and laughter. We look forward to new opportunities and what that means for our community.

Melissa Hooven

2020-2021 HSRC Board of Directors



Dr. Jack Irvine
20-21 President



James Aste
Vice President



Willard Foote
Treasurer



Nancy Dye Leer
Secretary



Patricia De La O



Susan Hansen
21-22 President



Amy Hunt



Diane Keating



Bruce Kessler



Joan
Rainwater-Gish



Frank Ramos



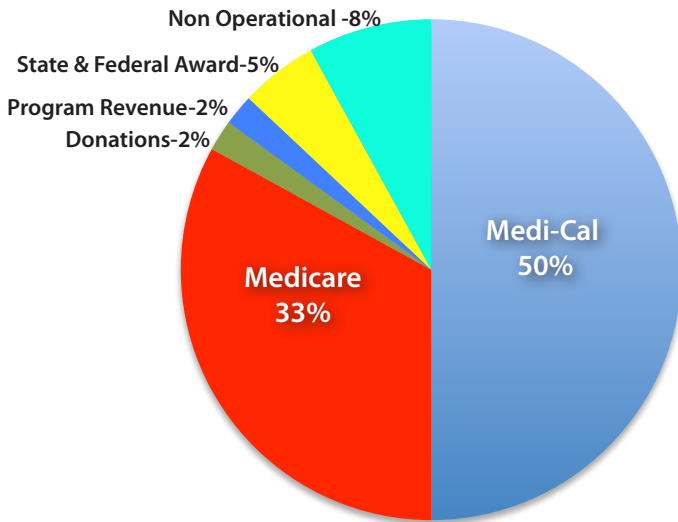
Humboldt Senior
Resource Center

GLOBAL ENDS STATEMENT

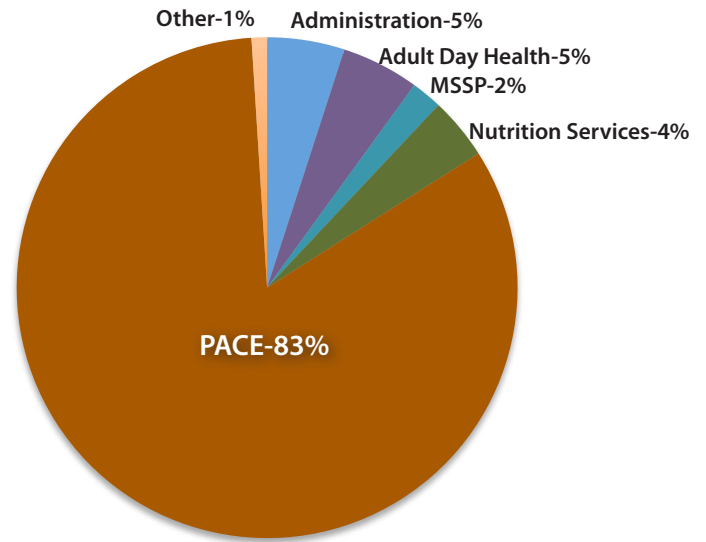
Seniors and their caregivers will have a high-quality life with health, dignity and self-determination in a community of respect and tolerance.

Statement of Financial Position

REVENUE



EXPENSES



FINANCES

ASSETS

	Unaudited 6/30/2021	Audited 6/30/2020
Cash and Equivalents	\$3,523,941	\$2,453,160
Accounts Receivable	\$2,707,645	\$1,957,730
Prepaid Expenses	\$1,034	\$42,994
Inventory	\$27,052	\$30,413
Property and Equipment	\$6,771,381	\$6,982,969
Other Assets	\$1,310,663	\$953,408
Total Assets	\$14,341,716	\$12,420,674

LIABILITIES

Short-Term Liabilities	\$3,741,517	\$4,730,815
Long-Term Liabilities	\$1,257,075	\$1,584,328
Total Liabilities	\$4,998,592	\$6,315,143

NET ASSETS

	<u>\$9,343,124</u>	<u>\$6,105,531</u>
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TOTAL LIABILITIES & NET ASSETS	\$14,341,716	\$12,420,674
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To view HSRC's full financial info, see our IRS 990 statement at www.humsenior.org/about/financial-info/.



Humboldt Senior
Resource Center

Humboldt Senior Resource Center 2020-2021 Gratitude Report
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