



## **Discrimination is Against the Law**

Humboldt Senior Resource Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Humboldt Senior Resource Center does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Humboldt Senior Resource Center provides:

- free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact an HSRC staff member or representative.

If you believe that Humboldt Senior Resource Center has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Jolene Thrash, Director of Human Resources  
1910 California Street  
Eureka CA 95501

Phone: (707) 443-9747

TDD/TTY: 711 – California Relay Service

Fax: (707) 443-3498

E-mail: [hr@humsenior.org](mailto:hr@humsenior.org)

You can file a grievance in person or by mail, fax, or e-mail. If you need help filing a grievance, Jolene Thrash, Director of Human Resources is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW Room 509F, HHH Building  
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD/TTY)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.