



Humboldt Senior Resource Center

2017-2018
Annual Report

Connections



— John Clagett, Redwood Coast PACE participant

**2017-18
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Resource Center
2017-18
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Global Ends Statement

Seniors and their caregivers will have a high-quality life with health, dignity and self-determination in a community of respect and tolerance.

Humboldt Senior Resource Center offers a wide range of programs and services to help older adults in our community remain as independent as possible and age with dignity in their own homes.



Activities Program

The Activities Program provides information, education and recreation for seniors, families, and caregivers. These activities provide many opportunities for social interaction and support healthy aging. Activities provided in fiscal year (FY) 2017-18 included recreational and social opportunities, exercise classes, educational offerings, flu shots, low-cost firewood, Dial-A-Ride tickets, the “Are You OK?” telephone reassurance program, Senior Home repair, and tax assistance. More than 11,000 visits were made to our centers to participate in almost 2,000 activities.

Adult Day Health

Adult Day Health is a licensed, therapeutic day program offering comprehensive care to assist frail and disabled adults in maintaining their maximum level of independence. Family caregivers benefit from the respite Adult Day Health can provide. The program offers nursing, therapies, activities, social services, a snack and meal, and transportation to and from the program. In FY 2017-18, 78 participants were served.

Alzheimer’s Services

This resource provides family consultations and caregiver support groups, and hosts the annual Dementia Care Conference for clinicians and family members. In FY 2017-18, assistance was provided to more than 225 individuals and families.

Multipurpose Senior Services Program

MSSP is a community-based care management program that helps frail elderly and their families locate, arrange, and manage supportive services, with the goal of helping clients remain in their own homes for as long as possible with a higher quality of life. MSSP served 132 clients in FY 2017-18.

Nutrition Program

During FY 2017-18, more than 99,000 meals were provided by the Nutrition program. For those age 60 and older, there is a suggested donation per meal, but no one is denied a meal because of inability or unwillingness to donate.

The three Senior Dining Centers in Arcata, Eureka and Fortuna provide not only hot, nutritious midday meals four days per week – they also give seniors the opportunity for socialization and friendship with fellow diners.

The Nutrition Program also provides Home Delivered Meals to home-bound older adults in Arcata, Eureka, Fortuna, and McKinleyville. The meal delivery drivers are sometimes the only person these seniors may see that day, and provide a valuable safety check for those who live alone.

Redwood Coast PACE

A Program of All-inclusive Care for the Elderly, this is a health plan that provide comprehensive medical care and support for qualified frail seniors age 55 and older who need a nursing home level of care, but who wish to remain at home. The goal of PACE is for participants to stay as healthy and independent as possible, and to avoid or delay placement in skilled nursing facilities. At the end of FY 2017-18, 154 participants were enrolled.

Senior News

Senior News is the only community periodical on the North Coast targeted to those age 50 and better. Senior News distributes 13,000 free copies per month throughout Humboldt County and is online at www.humsenior.org. During FY 2017-18, Senior News published stories from more than 75 local writers and organizations, and was supported by advertising from 72 different businesses and nonprofits.



“I look forward to each new day”

— Bob Ford, Adult Day Health participant



“We older adults are capable of doing so much more than we think we can.”

—Joan Rainwater-Gish, Senior News columnist & senior class instructor

Humboldt Senior Resource Center is grateful to all those in our community who help fund these programs through grants, donations, and other support.

FINANCES

ASSETS

	6/30/18 Audited	6/30/17 Audited
Cash and Equivalents	\$987,363	\$252,948
Accounts Receivable	\$2,212,827	\$2,051,979
Prepaid Expenses	\$44,540	\$41,040
Inventory	\$23,400	\$22,247
Property and Equipment	\$6,147,389	\$5,999,454
Other Assets	\$304,114	\$82,500
Total Assets	<u>\$9,719,633</u>	<u>\$8,450,168</u>

LIABILITIES

Short-Term Liabilities	\$3,905,137	\$2,639,708
Long-Term Liabilities	\$1,702,359	\$2,472,036
Total Liabilities	<u>\$5,607,496</u>	<u>\$5,111,744</u>

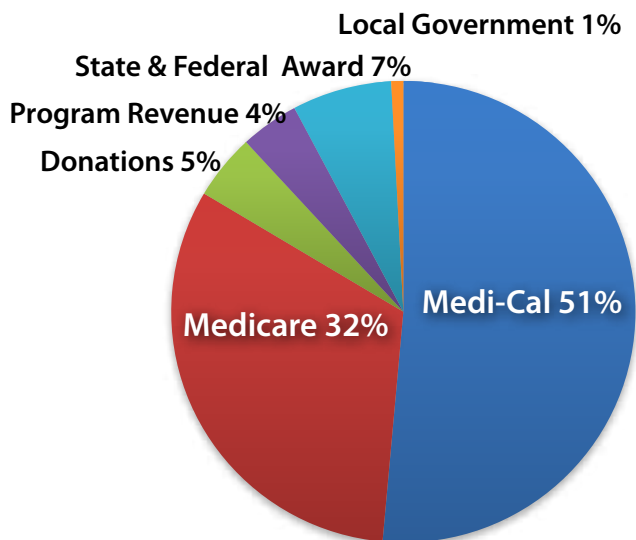
NET ASSETS

	<u>\$4,112,137</u>	<u>\$3,338,424</u>
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TOTAL LIABILITIES AND NET ASSETS

	<u>\$9,719,633</u>	<u>\$8,450,168</u>
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REVENUE



EXPENSES

