



Humboldt Senior
Resource Center
ANNUAL REPORT 2018-19

PRESERVATION & INVESTMENT



HSRC —
Investing in seniors, staff and infrastructure

Fiscal Year 2018-2019 Overview



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Global Ends Statement

Seniors and their caregivers will have a high-quality life with health, dignity and self-determination in a community of respect and tolerance

Preserving the programs and services of the Humboldt Senior Resource Center (HSRC) is vital for the health and welfare of today's aging population in Humboldt County, as well as for the projected significant growth of the next generation of users. To address the anticipated future needs of our community, in Fiscal Year (FY) 2018-19 the Humboldt Senior Resource Center continued to focus on the goals outlined in its 2017-2020 Strategic Vision:

1. **Support all current programs, with Redwood Coast PACE's growth having priority status; envision a licensed and operational PACE Fortuna site serving Eel River Valley; and seek funding partners for programs.** In February 2019, ground was broken for the new HSRC Adult Day Health & Redwood Coast PACE Center in Fortuna on the Gene Lucas Community Center campus.

2. **Achieve competitive salaries and benefits for employees.** During FY 2018-19, adjustments in HSRC staff compensation continued, with most agency wages brought to the 50% median in comparison to like positions in Humboldt County. A new retirement plan was launched offering an opportunity for better returns than the prior plan.

3. **Restore the Nutrition program to previous service levels.** In addition to developing plans for the new HSRC Center in Fortuna, discussions began on what steps would be needed to restore lunch service to a 5-day per week schedule at HSRC's Senior Dining Centers, and to better meet the increased need for Home Delivered Meals.

The agency's staff, supporters, and community partners continually strive to meet the needs of older adults, their families, and their caregivers. HSRC's mission is as vital today as it will be in the future.



Humboldt Senior Resource Center
2018-19 Annual Report
1910 California Street
Eureka CA 95501
www.humsenior.org
707-443-9747

2018-19 HSRC Board above: Left to right, top row: Elan Firpo, Bruce Kessler, James Aste. Front row: Susan Hansen, Kathryn Dunning, Nancy Dye-Leer, Willard Foote.

Not pictured: John Dalby, Robin Smith.

Cover photo: In March 2019, representatives of Humboldt Senior Resource Center, the McLean Foundation, and Greenway Partners—architects for the new HSRC facility in Fortuna—came together at the construction site as DCI Builders pour the concrete slab for the project. **From left,** architect Jason Brownfield, Catherine Holloway and Kirk Cohune of Greenway Partners; Erin Dunn, Denise Marshall and Dennis Scott of the McLean Foundation; HSRC staff: Joyce Hayes, Teresa Oliveri and Barbara LaHaie; HSRC Board members Jack Irvine and Willard Foote; and Lauren Correll of the McLean Foundation.

Preserving Our Past & Present

In FY 2018-19, HSRC moved forward with upgrades and preservation.

October 2018 – HSRC purchased a house at 16 W. Sonoma St. to be used as staff offices, thanks to the generosity of an anonymous investor. The space allowed an increased number of participants to be served by HSRC programs.



December 2018 – The historic Washington School building at 1910 California Street – which houses HSRC’s administrative offices, central kitchen, Activities, and Senior Dining Center – was painted.

June 2019 – Renovations began in Building A on the Eureka campus, which serves Adult Day Health and Redwood Coast PACE participants. Upgrades included new paint and roof, new furnishings, and an updated kitchen. Support for this project came from the Del E Webb, Joseph & Vera Long, St. Joseph Hospital and Redwood Memorial Hospital, TouchPoint, and Harry & Jeanette Weinberg foundations, as well with the support of the Orvamae Emmerson Endowment Fund held at the Humboldt Area Foundation.



We thank our 2018-2019 donors

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Humboldt Senior Resource Center Programs & Services

HSRC offers a wide range of programs and services to help older adults in our community remain as independent as possible and age with dignity in their own homes.



Nutrition Program

The three Senior Dining Centers in Arcata, Eureka and Fortuna provide not only hot, nutritious meals four days per week, they also give seniors the opportunity for socialization and friendship. For those elders who are homebound, the Home Delivered Meals program provides five meals weekly in the communities of Arcata, Eureka, Fortuna, and McKinleyville. During FY 2018-19, more than 116,000 meals were provided through HSRC programs – including Nutrition, Adult Day Health, and Redwood Coast PACE – by the Nutrition Program.

Redwood Coast PACE

A Program of All-inclusive Care for the Elderly, this is a health plan that provides comprehensive medical care and support services for qualified frail seniors age 55 and older who need a nursing home level of care, but who wish to remain at home. The goal of the PACE model of care is for participants to stay as healthy and independent as possible, and to avoid or delay placement in skilled nursing facilities. At the end of FY 2018-19, 177 participants were enrolled in Redwood Coast PACE.



Activities Program

Activities provided in fiscal year (FY) 2018-19 included recreational and social opportunities, exercise classes, educational offerings, flu shots, low-cost firewood, Dial-A-Ride tickets, the “Are You OK?” telephone reassurance program, Senior Home repair, and tax assistance. Almost 11,000 visits were made to our centers to participate in almost 1,500 activities.



Adult Day Health

This licensed therapeutic day program assists frail and disabled adults to maintain their best available function while providing respite to family caregivers. In FY 2018-19, about 99 participants were served.

Alzheimer’s Services

This resource provides family consultations and caregiver support groups, and hosts the annual Dementia Care Conference for clinicians and family members. In FY 2018-19, assistance was provided to 79 individuals and families. These services are possible from generous support from the Smullen Foundation.



Senior News

The monthly Senior News is the only community periodical on the North Coast targeted to those age 50 and better. Senior News distributed an average of 12,000 free copies per month throughout Humboldt County during FY 2018-19.

Multipurpose Senior Services Program

MSSP is a community-based care management program that helps frail elderly and their families locate, arrange, and manage supportive services, with the goal of helping clients remain in their own homes for as long as possible with a higher quality of life. MSSP served 104 clients in FY 2018-19.



HSRC is grateful to all those in our community who help fund these programs through grants, donations, and other support.

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Fortuna Services Expansion

Humboldt Senior Resource Center expands services in the Eel River Valley, to better serve older adults, families, and caregivers in this community.

The Senior Nutrition Program prepares to expand with a new and larger Senior Dining Center at the Gene Lucas Community Center.

Next door, the new Fortuna Adult Day Health and Redwood Coast PACE Center is being built.



Front Entrance



Progress as of November, 2019

About the Fortuna Adult Day Health and Redwood Coast PACE Center

Location: Near the intersection of Rohnerville Road and Newburg Road in Fortuna, a stand-alone building on the McLean campus.

Facility size: Approximately 16,000 square feet. Also will include expansive and secured outdoor space.

Construction: Began in February 2019, with expected completion by 2020. Developed as a partnership of the McLean Foundation and the Humboldt Senior Resource Center. Designed and planned by Greenway Partners. Construction by DCI Builders.

Housed programs: Adult Day Health and Redwood Coast PACE

Geographic area served: The Eel River Valley community, stretching from Ferndale inland to Carlotta, north to Loleta, and south to Shively Road/Scotia.

Benefit to the community: Eel River Valley program participants will be served closer to home, and will no longer have to travel to Eureka for Adult Day Health and PACE Center services.



Central Labor Council of Humboldt & Del Norte Co. • Eureka City Employees Association • Eureka Emblem Club #298 • Eureka Woman's Club • Humboldt Bay Fire • Latin American Club • Meals On Wheels America • National Active and Retired Federal Employees • See's Community Fund • Soroptimist Int'l of Humboldt Bay • United Bikers of Northern California • **FOUNDATIONS** • Charles & Anna Pedrazzini Foundation • Christine & Jalmer Berg Foundation • Holiday Funding Partnership • Bill & Juanita Thompson Fund • Galen Russel Olsen Fund • Halvor J. Braafladt Memorial Fund • Wayne & Florence Vickers Memorial Fund • Hops in Humboldt • Patricia D. & William B. Smullin Foundation • Richard and Emily Levin Foundation • Rose Perenin Foundation • St. Joseph Health - Humboldt • St. Joseph Health Community Partnership Fund • Schmidbauer Family Foundation • **IN MEMORY OF:** Larry Anagnost • Ralph Beck • Floyd Bettiga • Betty Boozer • Dora Branscom • Edwin & Iola Carlson • Gwendolyn Condit • Gordon Copeland • Keith Darling • James Davis • Bill & Stella Dillard • Jim Dimmick • Harold Drechsler • Roy A. Dye • Lenny Escarda • Edith Goggin • Robert Hartman • Priscilla Hickey • Warren & Juanita Horel-Hill • Bob Hughes • Fred Jewett • Gladys Jones • Jacquie Kessenge • Rich Kissling • Eva Kushner • Alan Lee • Edith Lee • Pam Lindstrom • George Lingard • Robert Lorensen • Nard, Jennie, & Tom Maffia • Michael Malloy • Edna McDonald • Mabel & Chester Mitchell • Elinor Mobley • Ruth & Salvatore Mylie • Robert Pearce • Keith Roe • Julia Roman • Gerald Rupp • Mary & Chris Linn Scott

Partnerships, education and information strengthen our community.

June 2019 – With the Humboldt County Department of Health & Human Services, HSRC hosted the second annual “Honoring Our Elders Neighborhood Block Party” at HSRC’s Eureka Campus to build awareness about preventing elder abuse.



May 2019 – HSRC and the Humboldt Dementia Care Coalition welcomed 164 attendees at a one-day workshop, “Dementia: Caring for the Person, Not the Diagnosis,” featuring keynote speaker G. Allen Power.



June 2019 – The new HSRC website was launched, featuring enhanced pages detailing program and service information, as well as an interactive activities calendar and other helpful resources. See this new website for yourself at www.humsenior.org.



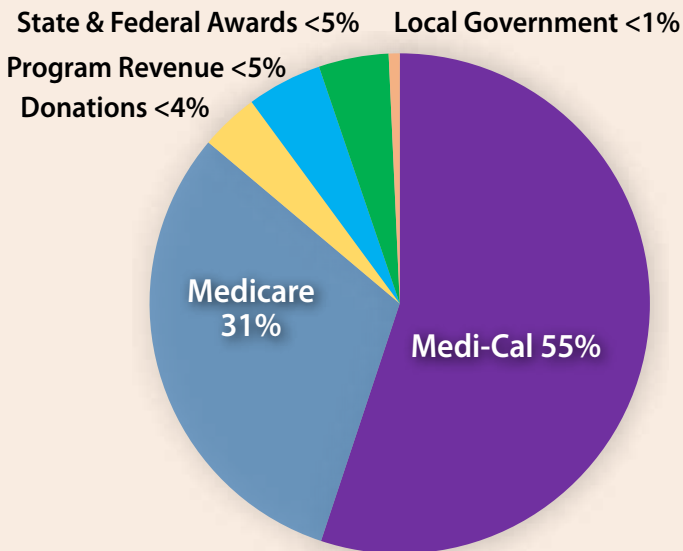
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Statement of Financial Position

FINANCES

ASSETS	6/30/19 Audited	6/30/18 Audited
Cash and Equivalents	\$1,471,744	\$987,363
Accounts Receivable	\$1,419,907	\$2,212,827
Prepaid Expenses	\$61,571	\$44,540
Inventory	\$26,570	\$23,400
Property and Equipment	\$6,310,182	\$6,147,389
Other Assets	\$410,659	\$304,114
Total Assets	<u>\$9,700,633</u>	<u>\$9,719,633</u>
LIABILITIES		
Short-Term Liabilities	\$2,819,014	\$3,905,137
Long-Term Liabilities	\$1,978,455	\$1,702,359
Total Liabilities	<u>\$4,797,469</u>	<u>\$5,607,496</u>
NET ASSETS	<u>\$4,903,164</u>	<u>\$4,112,137</u>
TOTAL LIABILITIES AND NET ASSETS	<u><u>\$9,700,633</u></u>	<u><u>\$9,719,633</u></u>

REVENUE



EXPENSES

