

Daily Activities

Monday

Starting Monday Oct 7th our Eureka Dining center will be serving lunch 5 days a week

Karate	9:30-10:30 am
Mah Jongg	10:00-12:30 pm
Tai Chi for better balance w/Sandi	11:00-12:00 pm
Sail with Muriel	1:15-2:00 pm
FABS/SAIL with Beth & Lois	2:10-3:10 pm
Memoir Writing Class	2:30-4:00 pm

Tuesday

Harry's Bingo (except Oct 1 st)	10:00-11:00 am
Pinochle	12:15-2:15 pm
FABS/SAIL with Beth & Lois	2:10-3:10 pm
Tai Chi Practice	3:30- 4:30 pm

Wednesday

Line dancing will be canceled for the month of October

Bunco	10:00-11:00 am
Sail with Muriel	1:15-2:00 pm
Fab/Sail with Beth & Lois	2:10-3:10 pm

Thursday

Grocery Bingo	10:00-11:00 am
Intermediate French	10:00-11:30 am
FABS/SAIL with Beth & Lois	2:10-3:10 pm
Laughing your heart open	3:30- 4:30 pm

Friday

Falun Dafa	9:00 -10:00 am
Beginning Tai Chi	10:00-11:00 am
Beginning Yoga	11:00 -12:00 pm
Bridge	1:00 -4:00 pm

Available Monday-Friday

Library	9:00-1:00 pm
Senior Services Office	9:00-3:00 pm
Lunch	11:30-12:15 pm
Billiards	12:00-3:00 pm

October 2019 Activities

Oct 1	Dine and Dance w/ Ray, Dave and Lois	10:30-11:30
Oct 2	Caregiver Support Group	1:00-2:00
Oct 3	Genealogy Group	10:00-12:00
Oct 3	Speed Dating- (preregistration required)	4:00-6:00pm
Oct 4	Conscious Living Book Club (Last meeting)	1:30-2:30
Oct 4	John Nelson and Mark Bennet	10:00-11:30
Oct 4	Apple Harvest Day Celebration	11:30-12:15

Oct 5	Sassy Seniors – Samoa Cook House	Noon
Oct 9	LeAnne Morini Performs	11:00-11:30
Oct 9	Emblem Club Serves Lunch	11:30-12:15
Oct 15	Foster Grandparents Program	11:30-2:00
Oct 16	Commodities Distribution	10:00-11:30
Oct 16	Caregiver Support Group	1:00-2:00
Oct 17	Genealogy Group	10:00-12:00
Oct 18	Dale Winget Performs	11:00-11:30
Oct 19	Nooners – Pantry- Broadway	Noon
Oct 25	Accordionaires Perform	11:30-12:15
Oct 25	Birthday Celebration	11:30-12:15
Oct 29	Stamp Club	6:00-9:00pm
Oct 31	Halloween Celebration	11:30-12:15

